



The Sacramento Recorder Society

A place for early music of all kinds in Sacramento

A chapter of the American Recorder Society
An affiliate of the San Francisco Early Music Society

March, 2011

For more information about the Sacramento Recorder Society, visit our website at www.sacreorders.org

March Meeting

6:45 pm

March 1, 2011

at the Friends Meeting House
890 57th Street
between J St. and H St.

Conductor for the Evening
Robert Dawson *

* Judy Linsenberg will be with us
in May.

A Letter From the President

Dear Recorder Society Members,

When I receive my new issue of *American Recorder* magazine, one of the first things I read is "Q & A." That's the section of the periodical devoted to the nuts and bolts of playing the recorder. Things like whether to use a thumbrest, getting a wooden alto on a budget, and so forth. It's usually informative, sometimes controversial, and always interesting to read.

Other interesting sections are the "Chapters and Consorts" section and the music reviews, which discuss recently released sheet music and music books suitable for recorders. Compact disc reviews, letters from readers, and book reviews also offer good information. Other interesting articles in *American Recorder* in recent years include one on how to go about purchasing a harpsichord (with a short sidebar on building a harpsichord from a

kit), surfing the Internet for recorder music, and a portrait of LaNoue Davenport. The March issue almost always has a great article on upcoming Summer recorder workshops. There are always informative articles on specific composers or arrangers for recorder, or specific periods of music.

The *American Recorder* magazine comes to members of The ARS – the American Recorder Society. Twice a year, members receive new or newly arranged recorder music suitable for the intermediate player. And members have access to the ARS online directory of members too. All this for just \$45 a year – even less if you sign up for two years. March will be Play-the-Recorder Month and ARS usually has a special deal for those who are not members – or have a lapsed membership for more than two years. For those readers who are not members of ARS, I highly recommend joining the American Recorder Society. Such a deal!

Sincerely,
Robert Foster
SRS President



See Robert's yummy
cookie recipe on the
last page.

Did you get a Winter Party CD? Experience the fun all over again! Available at the March meeting...\$5 suggested donation.

Meeting Schedule 2011

March 1, 2011 Robert Dawson*

April 5, 2011 Frances Feldon

May 3, 2011 Judy Linsenberg*

*Note: Judy and Robert exchanged months.

About Our Conductor Robert Dawson

Robert Dawson began his musical education as a Lutheran choirboy, soon switched to rock 'n roll saxophone, then abandoned music to study Renaissance history and literature at Harvard College. He returned to music in his late twenties, when he was captivated by the sounds of the Early Music movement, especially the cornetto and the recorder.

His first performing ensemble, Pastime with Good Company, earned him grants from the National Endowment and the California Arts Council. Other groups with which he has performed include: Chanticleer, Coro Hispano, The Brass Menagerie, The SF Contemporary Music Players, The Renaissance Faires North and South, The Magic Theater, and Mills College. He was a featured actor/musician in the film "The Competition."

For Bay Area recorderists, his most important contribution was his role in the SFEMS Summer Workshops at Dominican College (now moved to Sonoma State). Robert founded three of the workshops -- the Renaissance, Recorder, and Medieval -- and taught at and directed all three for many years. He has also taught at the Portland and Seattle Workshops, and lectured at the Historic Brass conclave at Amherst.

We are very pleased to have him as our conductor this month!

Notes from our conductor

Hello Sacramento!

Here's what I plan: I want to play all pieces from open score this time, rather than from parts, so that we can get a clearer view of how polyphony works, and also so that players can try to match their musical 'sentences' in tighter ensemble. And I want to bring some stuff that's new to everyone.

Selections:

Pierre de la Rue: Doleo super te

Jacobus Vaet: O Quam Gloriosum est Regnum

Alonso Lobo: Vivi ego dicit Dominus

Orlande de Lassus: Super flumina Baylonis

Cipriano de Rore: O Altitudo Divitiarum

Jacob Handl: Obsecro Domine

Thanks,

Robert Dawson

Consider joining one of the larger organizations which make our own SRS possible:

San Francisco Early Music Society, with whom we are affiliated, offers excellent workshops and concerts in the Bay Area. Their website: www.sfems.org

American Recorder Society, of which we are a chapter, is the national organization which promotes recorders. Their website: www.americanrecorder.org

Sacramento Area Player Offers Lessons

Kathryn Canan is available for recorder lessons or ensemble coaching. She teaches all levels, adults and children, daytime or evening, in her Citrus Heights home. Contact Kathryn at 916-723-2409 or kacanan@yahoo.com.

Join a Recorder-focused Online Group!

Hanneke van Proosdij has started an online recorder group so recorder players can share messages, pictures, and videos with like-minded people world-wide. Check it out at: <http://recorders.ning.com>

Upcoming Workshops

March 25-28: Columbia Gorge Early Music Retreat, Menucha Conference Center, Corbett, Oregon (near Portland). Classes ranging from renaissance consort music to contemporary works. For more information: jeannelynch@gmail.com

Saturday, March 26: Music from the Fringe: 2011 MedRen Collegium, under the direction of Tom Zajac, for singers, viols, recorders, and other soft instruments. We will sample medieval songs and dances from Cyprus, Southern France and Portugal; Renaissance consort music from Sweden, Naples and Poland; Venetian canzonas, Spanish villancicos, Scottish ballads, Arab-Andalusian melodies, Ottoman court instrumentals, Sephardic ballads and more! Hillside Swedenborgian Church, El Cerrito.

Registration: Greta Haug-Hryciw,

Email: gr8asf@yahoo.com

Information: Tom Zajac, 612-0617

Email: medrenworkshop@sfems.org Information:

Online information:

<http://sfems.org/medcolleg11.shtml>

May 20-22: Rocky IX Workshop, Estes Park, Colorado. More information: coloradorecorders@gmail.com

June 19-25: Medieval and Renaissance Workshop, "Music from the Edges of Europe," Sonoma State University, Rohnert Park, CA. Director: Tom Zajac. More info at www.sfems.org

June 26-July 2: Baroque Music and Dance Workshop, "The Italian Connection," Sonoma State University, Rohnert Park, CA. Directors: Frances Blaker and Kathleen Kraft. More info at www.sfems.org

July 10-16 and July 17-23: Recorder Workshops, Week 1: "Harmony of the Spheres"; Week 2: "Gods and Monsters"; St. Albert's Priory, Oakland, CA. Directors: Rotem Gilbert and Hanneke van Proosdij. Information: www.sfems.org

July 10-16: Port Townsend Early Music Workshop, an opportunity for players of recorder, viol,

and historical winds to study and play music of the Middle Ages, the Renaissance, the Baroque, and the 20th century, University of Puget Sound, Tacoma, Washington. Information:

www.seattle-recorder.org

Recorders Out and About.

January 22: Crystal Olson participated in a workshop, "Targeting Technique in the Recorder Classroom" presented by Leslie Timmons, Utah State University, and sponsored by the Northern California Chapter of the American Orff-Schulwerk Association. The workshop was focused on Renaissance music for young children in elementary school classrooms.

February 19: A group of SRS members played at the memorial service for David Henderson, a long-time SRS stalwart, who served on the SRS board for many years. Greta Hryciw organized the group which played a Filipino song, "Dahil Sa Iyo" and Erik Satie's "Gnossienne #3." A small group also played "Vincent."

March 9: Baroque and Beyond plays at Westminster Presbyterian Church at noon.

March 11: Sine Nomine will participate in Country Day School's annual Renaissance Faire. Susan Titus and Carol Thompson will join them.

Lessons with Greta Haug-Hryciw

San Francisco Bay Area teacher, Greta Haug-Hryciw, SRS member and SRS conductor, is available on March 1st for lessons. Individual (private) lessons are \$50 / hour, with a minimum of two and up to four students scheduled consecutively on the same day. Contact Greta at (415) 377-4444.

Lessons with Judy Linsenberg

Judy is the director of the Baroque ensemble Musica Pacifica, holds a doctorate in early music from Stanford, and has extensive recorder teaching experience. Private or group lessons and coached ensembles are offered at her studios in Oakland and Palo Alto, and she will also come to Sacramento to teach if there are enough students. Please contact Judy for more information by email at judy@sbcbglobal.net or by phone # 510-444-4113

Sacramento Recorder Society Board 2010-2011

President: Robert Foster

Vice President: Mark Schiffer

Secretary: Patricia Johnson

Treasurer: Doris Loughner

Members-at-Large: Steve Sherman, Dorothy Orolin

Chairperson-at-large: Gail Crawford

For information on SRS, please contact the following board members by email:

rfoster@london.com or

marschif@gmail.com

About the Sacramento Recorder Society

The Sacramento Recorder Society, founded in 1982, is a non-profit, tax-exempt organization. It is a chapter of the American Recorder Society and an affiliate of the San Francisco Early Music Society. We welcome recorder players of all ages and abilities as well as players of other early music instruments such as lutes, viols, sackbuts, shawms, curtals, krummhorns, and percussion. Beginners are urged to study privately and learn fingerings and become comfortable reading music before joining the recorder orchestra.

We meet monthly from September through June, from 6:45pm to 9:30pm on the first Tuesday of each month, at the Friends Meeting House, 890 57th Street, between J St. and H St. Most of our meetings are conducted by a professional early music specialist who teaches recorder technique and relevant music history and theory while exploring music of many eras.

Many of our members also play in smaller groups in members' homes during the rest of the month.

Support the Sacramento Recorder Society

Since the SRS is a not-for-profit organization, some members choose to make monetary donations directly to our chapter. Other

individuals have donated gently-used recorders and sheet music to the chapter, and those items then find new homes with other SRS members in return for a donation. Do you have an idea for how SRS can raise additional funds? Let a Board member know.

Refreshments at Monthly Meetings

Please sign up to help with refreshments at our monthly meetings. Cookies, fruit, crackers, cheese, juice, tea...it doesn't need to be complicated. Many thanks to those who brought the goodies in January!

Are you on Facebook?

So is the Sacramento Recorder Society! A big thanks to Steve Sherman, who set up our page and brought us from the 15th to the 21st century! Just enter "Sacramento Recorder Society" in the search box at the top of your Facebook page. Indicate "Like" and SRS postings will show up on your page. Check us out and leave comments and information.

Listening to Early Music

Here are 3 possibilities:

Sunday Baroque, which airs from 9am to 1pm, is the newest addition to KXPR's Sunday line-up. Sometimes the program strays into the pre-baroque (such a good thing!).

Harmonia, the program which is unfortunately no longer heard on KXPR radio, provides podcasts at its website:

[http://indianapublicmedia.org/harmonia/
www.recorder-radio.com](http://indianapublicmedia.org/harmonia/www.recorder-radio.com) streams recorder music 24 hours a day. Google can translate the German into quaint English for you. The music covers a broad spectrum from very old to very modern.

Lessons with Eileen Hadidian

Eileen Hadidian is offering recorder lessons in a nurturing home environment in Albany. Beginners are welcome. She has 30 years of teaching experience, a DMA in early music from Stanford, and is a former faculty member of Mills College. Contact: eh-muse@comcast.net

2010 -2011 Early Music Concerts

Friday, February 25: Voices of Music, "Handel in Rome," music of Handel, Scarlatti, and Corelli, First Lutheran Church, Palo Alto, 8:00pm, information: www.voicesofmusic.org

Saturday, February 26: Voices of Music, repeat of Friday concert, St. Mark's Lutheran Church, San Francisco, 8:00pm, information: www.voicesofmusic.org

Saturday, February 26: Ensemble Gallilei at the new Three Stages in Folsom playing in a multi-media performance with poetry readings by NPR's Neal Conan and background pictures from the Hubble telescope. More information: www.threestages.net

Sunday, February 27: Repeat of Friday Voices of Music concert, St. Alban's Episcopal Church, Albany, 7:30pm, information: www.voicesofmusic.org

Friday, March 8: Akademie fur Alte Musik Berlin, First Congregational Church, Berkeley, 8:00, information: www.calperformances.org

Friday, March 18: Tanya Tompkins, Bach Cello Suites III, First Lutheran Church, Palo Alto, 8:00. Information: www.voicesofmusic.org

Saturday, March 19: Tanya Tompkins, repeat of Friday performance, St. Mark's Lutheran Church, San Francisco, 8:00. Information: www.voicesofmusic.org

Sunday, March 20: Tanya Tompkins, repeat of Friday performance, St. Alban's Episcopal Church, Albany, 7:30. Information: www.voicesofmusic.org

Saturday, March 26: The Tallis Scholars, Victoria's Spanish Successors, First Congregational Church, Berkeley, 8:00. Information: www.calperformances.org

Sunday, March 27: The Tallis Scholars, Victoria's Greatest Hits, First Congregational Church, Berkeley, 3:00. Information: www.calperformances.org

Friday, March 25: Wieland Kuijken and Friends, viols and harpsichord, First Lutheran Church, Palo Alto, 8:00. Information: www.sfems.org

Saturday, March 26: Wieland Kuijken, repeat performance, St. John's Presbyterian Church, Berkeley, 7:30. Information: www.sfems.org

Sunday, March 27: Wieland Kuijken, repeat performance, St. Mark's Lutheran Church, San Francisco, 4:00. Information: www.sfems.org

Friday, April 15: Hopkinson Smith, Spanish Guitar Music of the 17th Century, First Lutheran Church, Palo Alto, 8:00. Information: www.sfems.org

Saturday, April 16: Hopkinson Smith, repeat of Friday performance, St. John's Presbyterian Church, Berkeley, 7:30. Information: www.sfems.org

Sunday, April 17: Hopkinson Smith, repeat of Friday performance, S. Mark's Lutheran Church, San Francisco, 4:00. Information: www.sfems.org

For more concert information see these websites:

San Francisco Early Music Society:
www.sfems.org

UC Berkeley's CalPerformances:
www.calperformances.org

UC Davis: www.mondaviarts.org



Robert's
Eight-Grain Cookies

½ pound (2 sticks) butter or margarine, softened
1 cup firmly packed brown sugar
½ cup granulated sugar
2 eggs
1 teaspoon vanilla
1 ½ cups all-purpose flour
1 teaspoon baking soda
1 teaspoon cinnamon
½ teaspoon salt (optional)
2 cups oats (quick or old fashioned, uncooked)
1 cup Harvest Grains Blend*
1 cup raisins
½ - 1 cup broken or chopped pecans, lightly toasted (optional)

Set oven to 350 degrees. Beat together margarine and sugars until creamy. Add eggs and vanilla and beat well. Add the combined flour, baking soda, cinnamon and salt and mix well. **Stir** in the oats, Harvest Grains Blend and raisins (and pecans, if using) until well mixed. Drop by rounded tablespoonfuls onto cookie sheet lined with parchment paper. Bake 10 to 12 minutes or until golden brown. Cool several minutes on cookie sheet, then remove to wire rack. Makes 3 to 4 dozen cookies.

*available from King Arthur Flour (www.kingarthurfLOUR.com) item #3602

These are calorie-dense treats, but because they are high in fiber and have a lot of texture, they do not seem too rich. The trick is to stop using the mixer and start stirring by hand **after** the flour mixture has been blended in. I try to use organic ingredients when I can. For an even more healthy cookie, you may substitute ½ cup of the flour with whole wheat flour. Using the sultanas or golden raisins instead of the dark ones makes for a better-tasting cookie, I think. I tend to make a larger cookie (using a small ice cream scoop) and, so, have to cook them for around 16 minutes. After mixing these, my arms and shoulders are sore, and I feel as though I have earned a hot cup of tea and a warm cookie!

