



The Sacramento Recorder Society

A place for early music of all kinds in Sacramento

A chapter of the American Recorder Society
An affiliate of the San Francisco Early Music Society

October, 2011

For more information about the Sacramento Recorder Society, visit our website at www.sacreorders.org

September Meeting

6:30 pm

October 4, 2011

at the Friends Meeting House

890 57th Street

between J St. and H St.

Conductor

Hanneke van Proosdij

a potential new member. And a reminder to all SRS members: It pays to advertise!

See you on October 4th!

Robert Foster,

SRS President

Editor's Note: Be sure to check out David Dodds' article about providing healing music in hospitals. It's the last page of the newsletter. Also attached to your email is an excellent article on Medieval and Renaissance mensuration signatures by Mark Schiffer. You'll need to open it separately from the newsletter.

A Letter From Our President

Dear Recorder Society Members,

It all happened pretty much according to plan, but with a few twists. She checked out the music book from the public library, took it home and found a Sacramento Recorder Society business card in it. "Wow, that's just the type of group I'm looking for! I'll contact them about membership," she probably thought. Well, the book was returned to the library's overnight bookdrop – with the card (containing the SRS contact information) in it. So....a wait until morning for the library to open. Then, to persuade the (overworked) library staff to search through the PILE of books for that special one with the SRS card. Bingo, found it! She had information leading her to our meeting place and times. And we have an opportunity to welcome

Have you renewed your SRS membership?

Twenty-one people have already renewed, and a big thank you to all of them! If you haven't, there's still time. We're sure you've been meaning to! Please fill out the membership form in this newsletter*, attach a check for dues (and maybe a donation to SRS?), and mail it to the address on the form. Or you can turn in your membership form and dues to the SRS Treasurer at the chapter meeting.

Here are a few of the benefits you get from your \$45 annual dues: chapter meetings conducted by Bay Area professional recorder players, plus local directing talent; lots of new music; a monthly newsletter; our great website; and the greatest benefit, the pleasure of playing early music with like-minded people!

* Renewal form is attached to the email!

Meeting Schedule 2011-2012

October 4: Hanneke van Proosdij

November 1: Greta Haug-Hryciw

December 6: Jerry Schwartz

January 3: Jerry Schwartz

February 7: Glen Shannon

March 6: Robert Dawson

April 3: Judy Linsenberg

May 1: Frances Feldon

Sacramento Area Player Offers Lessons

Kathryn Canan is available for recorder lessons or ensemble coaching. She teaches all levels, adults and children, daytime or evening, in her Citrus Heights home. Contact Kathryn at 916-723-2409 or kacanan@yahoo.com.

Lessons with Greta Haug-Hryciw

San Francisco Bay Area teacher, Greta Haug-Hryciw, SRS member and SRS conductor, is available for lessons. Individual (private) lessons are \$50 / hour, with a minimum of two and up to four students scheduled consecutively on the same day. Greta will be available for lessons when she comes to conduct our chapter meeting November 1st! Contact Greta at (415) 377-4444.

Lessons with Judy Linsenberg

Judy is the director of the Baroque ensemble Musica Pacifica, holds a doctorate in early music from Stanford, and has extensive recorder teaching experience. She conducts lesson at her Palo Alto studio, Oakland home, or will travel. Please contact Judy for more information by email at judy1@sbcglobal.net or by phone # 510-444-4113.

About Our Conductor: Hanneke van Proosdij

Hanneke van Proosdij performs regularly as soloist and continuo specialist and is principal early keyboard player with Philharmonia Baroque Orchestra, Festspiel Orchester Goettingen and Voices of Music. She has appeared regularly with Hesperion XX, Concerto Palatino, Magnificat, American Bach Soloists. Concerto Koln, Chanticleer, Orchestre dAmbronay, Gewandhaus Orchester and the Arcadian Academy. She received her solo and teaching diplomas from the Royal Conservatory in The Hague where she studied recorder, harpsichord and composition.

Together with her husband David Tayler, Hanneke cofounded and codirects Voices of Music. With over six million viewers worldwide, Voices of Music is the most popular Early Music ensemble in the United States.

Hanneke is a cofounder of the Junior Recorder Society in the East Bay and was the director of the SFEMS Medieval Renaissance Workshop for seven years and now directs, together with Rotem Gilbert, the SFEMS Recorder Workshop.

She has recorded over fifty discs for Magnatune, BIS, Koch, Musica Omnia, Carus, AVIE and Delos.

Hanneke teaches recorder at UC Berkeley and has been guest professor at Stanford, Oberlin, Indiana University Jacobs School of Music, University of Wisconsin and the University of Vermont.



*Hanneke's Program for the SRS October
Chapter Meeting*

The Glory of the Renaissance

The renaissance has always had a special place in my heart. We will enjoy four master pieces from Germany, Spain, England and Italy written by the best of the best. I'd like to invite singers, recorder players, viol players, violinists, cellists, lutenists, renaissance reed and brass players to join us for an evening of beautiful music making. Here are the pieces we'll be playing:

Senfl, "Ave Maria a 6" (SSATTB)

Morales, "Beati Omnes a 6" (AATTTB)

Byrd, "Salve Regina a 5" (SSATB)

Palestrina, "O Domine Jesu Christe a 6" (AATBBB)

Recorders Out and About

Friday and Saturday, October 14-15:

Mark Schiffer and Kathy Canan will be playing with the New Queen's Ha'Penny Consort at the Folsom Renaissance Faire, Folsom City Lion's Park next to the zoo. You can find them at court playing for dancers and entertaining Her Grace Elizabeth I. <http://www.folsomfaire.com/>

Note: They are also participating in the launch of the new Barbary Coast Recorder Orchestra this fall in Albany.

*Support the Sacramento Recorder
Society*

It takes money to support the various functions of the Sacramento Recorder Society. How can you help the chapter pay for its excellent conductors and other activities and financial obligations? Several members choose to make monetary donations directly to our chapter [a 501(c)(3) organization]. Some individuals donate gently-used recorders and sheet music to the chapter, and these items then find new

homes with other SRS members in return for a monetary donation. Do you have more ideas for how SRS can raise additional funds? Let a Board member know.

*Sacramento Recorder Society Board
2011-2012*

President: Robert Foster

Vice President: Mark Schiffer

Secretary: Patricia Johnson

Treasurer: Doris Loughner

Members-at-Large: Steve Sherman, Gail Crawford

Education Chairperson: Crystal Olson

For information on SRS, please contact the following board members by email:

rfoster@london.com or
marschif@gmail.com

About the Sacramento Recorder Society

The Sacramento Recorder Society, founded in 1982, is a non-profit, tax-exempt organization. It is a chapter of the American Recorder Society and an affiliate of the San Francisco Early Music Society. We welcome recorder players of all ages and abilities as well as players of other early music instruments such as lutes, viols, sackbuts, shawms, curtals, krummhorns, and percussion. Beginners are urged to study privately and learn fingerings and become comfortable reading music before joining the recorder orchestra.

We meet monthly from September through June, from 6:45pm to 9:30pm on the first Tuesday of each month, at the Friends Meeting House, 890 57th Street, between J St. and H St. Most of our meetings are conducted by a professional early music specialist who teaches recorder technique and relevant music history and theory while exploring music of many eras.

Many of our members also play in smaller groups in members' homes during the rest of the month.

Upcoming Workshops

November 6-12: Road Scholar (Elderhostel) Early Music Workshop, Carmel Valley. Information: www.roadscholar.org

July 5-8, 2012: American Recorder Society 2012 Festival, "The Recorder: Past, Present, & Future", performers/instructors: Paul Leenhouts, Clea Galhano, Vicki Boeckman, and Phil and Gayle Neuman, Reed College, Portland, OR. Information: www.americanrecorder.org

Always Looking For New Members

We're always looking for people who enjoy playing recorder or other early music instruments. New people who come to chapter meetings usually say they heard about SRS from the website or from contact with a current member. Where can you find these potential new members??

- Do you know someone who plays recorder or viol or another instrument? Or someone who says that they played a long time ago and would like to again? Give them an SRS business card.
- Get a handful of SRS business cards from an SRS Board member and hand them out to people you chat with in the grocery line or at the bus stop or during intermission at a music concert.
- When your consort performs somewhere out and about, be sure to let your audience know that you are members of SRS and that they are welcome to join us at chapter meetings.
- Post an SRS information flyer (available from a Board member) on a community or school bulletin board.
- Talk up recorders, early music, and the Sacramento Recorder Society to people you meet as you travel around California for business or pleasure.

Concerts, Fall /Winter 2011

Wednesday, September 28: Flutist Cathie Apple and Friends, Celtic concert, Westminster Presbyterian Church, Sacramento, 12:00 pm. Information: www.westminsac.org

Saturday, October 8: Sacramento Baroque Soloists, "Songs and Sonnets," St. Paul's Episcopal Church, Sacramento, 7:30 pm. Information: www.sacramentobaroque.org

Sunday, October 9: repeat of Sacramento Baroque Soloists concert (same location), 3:00 pm.

Friday, October 18: Farallon Recorder Quartet with Jennifer Paulino, soprano and John Lenti, lute, "Amaryllis-Songs and Consort Music from the Courts of Europe," St. Albans Episcopal Church, Albany, 8:00pm. Information: www.farallonrecorderquartet.com

Saturday, October 29: repeat of Farallon Recorder Quartet concert, St. Mark's Lutheran Church, San Francisco, 8:00pm

Friday, October 21: Ensemble Caprice, Matthias Maute and Sophie Lariviere, directors, "Gypsy Music in the Renaissance and Baroque Periods," First Lutheran Church, Palo Alto, 8:00 pm. Information: www.sfems.org

Saturday, October 22: repeat of Ensemble Caprice concert, St. John's Presbyterian Church, Berkeley, 7:30 pm.

Sunday, October 23: repeat of Ensemble Caprice concert, St. Mark's Lutheran Church, San Francisco, 4:00pm

Sunday, October 30: Phillippe Jaroussky, countertenor with Apollo's Fire, music of Handel and Vivaldi, Hertz Hall, Berkeley, 3:00pm. Information: www.calperformances.org

(continued on next page)

Thursday, November 3: Voices of Music, Thomas Cooley, tenor, "Fairest Isle-Music of Henry Purcell," All Saints Episcopal Church, Palo Alto, 8:00 pm. Information: www.voicesofmusic.org

Friday, November 4: Baroque Band, "Music from the Court of Charles II," First Lutheran Church, Palo Alto, 8:00 pm. Information: www.sfems.org

Saturday, November 5: Repeat of "Fairest Isle-Music of Henry Purcell," St. Mark's Lutheran Church, San Francisco, 8:00 pm.

Saturday, November 5: Repeat of "Music from the Court of Charles II," St. John's Presbyterian Church, Berkeley, 7:30 pm

Sunday, November 6: Repeat of "Fairest Isle-Music of Henry Purcell," St. Alban's Episcopal Church, Albany, 7:30 pm.

Sunday, November 6: Repeat of "Music from the Court of Charles II," St. Mark's Lutheran Church, San Francisco, 4:00 pm

Wednesday, November 9: The Albany Consort, Baroque instrumentalists: harpsichord, violin, viola da gamba, recorder, Westminster Presbyterian Church, Sacramento, 12:00 pm. Information: www.westminsac.org

Sunday, November 13: Davitt Moroney, harpsichord, "Bach: Complete French Suites," Hertz Hall, Berkeley, 3:00 pm. Information: www.calperformances.org

Saturday, December 10: Handel's Messiah, Philharmonia Baroque Orchestra, Zellerbach Hall, Berkeley, 7:00 pm

Friday, December 16: Magnificat, "Heinrich Schutz's Weihnachtshistorie (Christmas Story)," First United Methodist Church, Palo Alto, 8:00pm. Information: www.sfems.org

Saturday, December 17: Repeat of Magnificat, "Weihnachtshistorie," First Congregational Church, Berkeley, 7:30pm

Sunday, December 18: Repeat of Magnificat, "Weihnachtshistorie," St. Mark's Lutheran Church, San Francisco, 7:30pm

More Concert Information

Check the websites listed below for more information on the upcoming season.

- San Francisco Early Music Society: www.sfems.org
- UC Berkeley's CalPerformances: www.calperformances.org
- UC Davis: www.mondaviarts.org
- Voices of Music: www.voicesofmusic.org

Consider joining one of the larger organizations which make our own SRS possible:

San Francisco Early Music Society, with whom we are affiliated, offers excellent workshops and concerts in the Bay Area. Their website: www.sfems.org

American Recorder Society, of which we are a chapter, is the national organization which promotes recorders. Their website: www.americanrecorder.org

New Feature on the American Recorder Society Website

The American Recorder Society has collaborated with Knowlera Media to produce a series of online "how to play the recorder" videos. This was made possible by funds contributed by ARS members. There are two series: "How to Play the Recorder" and "How to Play Simple Songs on the Recorder" featuring instruction by Vicki Boeckman. Check them out at the link available at the ARS website (left hand box on the main page): www.americanrecorder.org

Refreshments at Monthly Meetings

Doris Loughner and Patty Johnson provided the snacks for the September chapter meeting. Please plan on signing up and bringing us something delicious at future meetings. Robert Foster, SRS president, will have the sign-up ready and waiting!! It doesn't need to be complicated: cookies, fruit, crackers and cheese, juice, and tea are some of the possibilities you might choose from.

Are you on Facebook?

So is the Sacramento Recorder Society! A big thanks to Steve Sherman, who set up our page and brought us from the 15th to the 21st century! Just enter "Sacramento Recorder Society" in the search box at the top of your Facebook page. Indicate "Like" and SRS postings will show up on your page. Check us out and leave comments and information.

Listening to Early Music

Here are 4 possibilities:

Sunday Baroque, which airs from 9am to 1pm, is the newest addition to

KXPR's Sunday line-up. Sometimes the program strays into the pre-baroque (such a good thing!).

Harmonia, the program which is unfortunately no longer heard on KXPR radio, provides podcasts at its website:

<http://indianapublicmedia.org/harmonia/www.recorder-radio.com> streams recorder music 24 hours a day. Google can translate the German into quaint English for you. The music covers a broad spectrum from very old to very modern.

The Early Music Chicago website has a lengthy list of early music performing groups with links to their websites, blogs, and other resources. Go to <http://earlymusicchicago.org> Then click on "ensembles"; then click on "beyond."

So You Think You Know Recorders??

Test your knowledge of recorders throughout history. Take this quiz on Nicholas Landers' *Recorder Home Page* website: <http://www.recorderhomepage.net/quiz.html>



Playing Recorder in the Healing Music Program at Kaiser Permanente

by David Dodds

Since May, I have been playing recorder and guitar as a volunteer in the Healing Music Program of Kaiser Permanente. I play twice a month at the Morse Avenue hospital, usually for about an hour and half each visit. I've been playing tenor recorder about half the time and classical guitar for the remaining half. The Healing Music Program is part of the Spiritual Care Program at Kaiser Permanente and is coordinated by Aileen Kelley, a harpist.

Volunteers in the music program participate within two tiers of service: public areas or at patients' bedside. Bedside musicians must be certified through the Music for Healing and Transition Program (mhtp.org) involving coursework and a supervised internship to receive a Certified Music Practitioner designation. A CMP musician may play for critically ill or dying patients. I am only playing in the public areas, alternating between one of the specialty waiting rooms and the surgery waiting area.

Becoming a volunteer at Kaiser Permanente required multiple appointments and visits. First, I auditioned with Ms. Kelley by playing in the lobby of the hospital. After that, I received orientations to the music program, a general volunteer orientation, and had several medical appointments involving tests for immunity to common childhood diseases and tuberculosis. A background check was also required. Once I was approved as a volunteer, I was issued a volunteer ID badge and we agreed upon a playing schedule. Because of the costs involved in hiring a volunteer, I was asked to commit to volunteering for at least one year.

As recorder repertoire, I've been playing mostly from the *Heart's Ease* book compiled and arranged by Eileen Hadidian, Natalie Cox, Patrice Haan and Maureen Brennan, with contributions by Dan Reiter and others (healingmuses.org). Most of the pieces are early music, such as Hildegard von Bingen's *O Viridissima Virga* or European folk music like *The*

Ash Grove. I've also selected some additional Irish and English folk tunes to play. Because I want to create a soft soothing sound, I've played my pearwood tenor recorder, and try to select pieces within the lower octave and a half range (C to high G, or maybe A). I also try to play softly enough that people in the waiting areas are able to converse easily. So far, I have only played my recorder solo. My schedule has not overlapped with the other volunteer musicians. But who knows? If other SRS members volunteer, I might have the opportunity to play a recorder duet!

Playing music as a healing music volunteer is both challenging and rewarding. Challenges include some distractions such as the TV playing in the waiting area (this can be turned down by volunteers), the surgery nurse phone ringing, family or patient names being paged, people conversing next to you as you play, and anxious family members in the surgery waiting area who are on the cell phone or talking with each other. Additionally, setting up involves some forethought—I carry a folding chair, a music stand, a bag with my recorders and sheet music, my guitar on my back, and the Healing Music Program sign. Rewards include “thank yous” from patients, family members, and hospital staff. Almost always, several people will thank me for playing as I pack up my gear to leave. Playing music in the public areas is less stressful than a formal performance setting like a recital. People are often hearing, but not always listening intently, to the music you play.

SRS members interested in volunteering are welcome to ask me any questions, or may contact directly: Aileen Kelley, MA, CMP, Coordinator, Spiritual Care Healing Music Program, Kaiser Permanente North Valley. Email: healingmusicprogram@gmail.com, phone messages: (916) 784-4191.